



## K-8 PE Waivers

Dear Parent or Guardian,

Section 1003.455, Florida Statutes, requires 150 minutes each week of physical education for students in grades kindergarten through fifth grade, and the equivalent of one class period per day of physical education for one semester of each year for students in grades six through eight. In place of taking a physical education course, students are given the option to have this requirement waived if they meet one of the following criteria:

1. The student is enrolled or required to enroll in a remedial course.
2. The student's parent indicates in writing to the school that the student enroll in another course from among those courses offered as options by the school district.
3. The student's parent indicates in writing to the school that the student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement.

The statute requires each District School Board to notify parents of the options available prior to scheduling a student in physical education. Unless your child meets one of the waiver criteria listed above, he/she will be enrolled in physical education for 150 minutes each week while **in grades kindergarten through grade five**, or for the equivalent of one semester of each year while in grades six through eight. If you wish to sign a waiver stating that your child participates in physical activity outside the school day equal to the mandated requirement, please fill in the form below. This will give your student the chance to take a different elective in place of the PE course.

If you wish your child to enroll in PE for his/her elective, no further action is needed. Please note that if your student is required to enroll in a remedial reading or math course, then that will become the elective choice for the year. I request that my child \_\_\_\_\_ be allowed to waive the physical education requirement for the school year for the reason below: My child is participating in physical activities outside of the school day which are equal to or in excess of the physical education requirement.

I have read and understood the conditions above.

**Student Name** \_\_\_\_\_ **Student Signature** \_\_\_\_\_

**Parent Name** \_\_\_\_\_ **Parent Signature** \_\_\_\_\_

**Date** \_\_\_\_\_ **School District** \_\_\_\_\_