



Eligibility Center



2015-16 GUIDE FOR THE  
**COLLEGE-BOUND  
STUDENT-ATHLETE**

**EVEN IF YOU'RE THE  
BEST, THIS IS ONE  
NUMBER YOU NEED  
TO KEEP AN EYE ON.**

A white baseball jersey is displayed against a dark background with a chain-link fence pattern. The jersey features the number "2.3" in large, red, block letters with black outlines. The number "2" is on the left, a small red dot is in the middle, and the number "3" is on the right. The jersey has a white collar and white sleeves with red piping at the cuffs.

**2.3**

Division I initial eligibility standards are changing.  
Learn more at **2point3.org**.

# Table of Contents

- 4 How To Use This Guide**  
This Guide answers questions for student-athletes and parents navigating the initial-eligibility process.
- 5 Who Is The NCAA?**  
Find out who makes up the NCAA membership and a description of how it works.
- 7 Thinking Of Going Pro?**  
There are more than 460,000 student-athletes and fewer than two percent go pro.
- 8 Initial-Eligibility Checklist**  
Follow a grade-by-grade checklist for navigating the initial-eligibility process.
- 9 Student Registration**  
If you want to play sports at an NCAA school, you need to register at [eligibilitycenter.org](http://eligibilitycenter.org).
- 10 Division I Standards**  
Learn the standards to compete at a Division I school.
- 12 Division I Sliding Scale**  
Learn the ACT/SAT score needed to match your core GPA.
- 13 Division II Standards**  
Learn the standards needed to compete at a Division II school.
- 15 Division II Sliding Scale**  
Learn the ACT/SAT score needed to match your core GPA.
- Division III Standards**  
You do not need to register with the NCAA Eligibility Center to compete in Division III.
- 16 What Is A Core Course?**  
Learn the types of courses that will help you meet the Divisions I and II standards.
- 17 Nontraditional Courses**  
Learn the types of nontraditional courses that will help you meet the Divisions I and II standards.
- 18 Grade-Point Average**  
Your core GPA is based on the grades you earn in NCAA-approved courses.
- 19 Division I Worksheet**  
Use this worksheet to track your progress towards your Division I initial eligibility.
- 20 Division II Worksheet**  
Use this worksheet to track your progress towards your Division II initial eligibility.
- 21 Transcripts**  
Ask your high school counselor to send a six-semester and final high school transcript.
- The GED**  
Check the guidelines for using the GED as proof of graduation.
- Test Scores**  
You will need to have all ACT or SAT scores sent to the NCAA Eligibility Center.
- 22 Education-Impacting Disabilities**  
Useful information for students with EIDs.
- 23 Home School Students**  
Useful information for home school students.
- International Students**  
Useful information for international students.
- 24 Amateurism**  
Learn which activities may impact your amateur status.
- 26 Important Terms**  
Learn some key terms about the initial-eligibility and recruiting processes.
- 27 Recruiting Calendars**  
Learn more about the recruiting rules for Divisions I, II and III.
- 31 Scholarships**  
Learn more about scholarship opportunities at NCAA schools.
- National Letter Of Intent**  
Useful information about the National Letter of Intent.



## How to Use This Guide

This guide answers important questions for four groups of people involved in the NCAA initial-eligibility process:

- High school students who hope to compete in college sports at an NCAA Division I or II school;
- Parents, guardians and family members of high school students;
- High school counselors and athletics administrators; and
- High school and nonscholastic coaches.

### Where can you find answers to your questions about NCAA eligibility?

Find answers to many typical questions about NCAA eligibility by:

- Reading this guide;
- Visiting the Resources section of [eligibilitycenter.org](https://eligibilitycenter.org);
- Visiting [NCAA.org/playcollegesports](https://ncaa.org/playcollegesports);
- Searching Frequently Asked Questions at [NCAA.org/StudentFAQ](https://ncaa.org/StudentFAQ); and/or
- Calling the NCAA Eligibility Center.

### NCAA ELIGIBILITY CENTER CONTACT INFORMATION

**Online**  
[eligibilitycenter.org](https://eligibilitycenter.org)  
[NCAA.org/playcollegesports](https://ncaa.org/playcollegesports)  
[2point3.org](https://2point3.org)  
Follow us on Twitter @NCAA\_EC

**Phone**  
U.S. callers (toll free):  
877-262-1492  
International callers:  
011-317-917-6222

**Certification Processing**  
NCAA Eligibility Center  
Certification Processing  
P.O. Box 7136  
Indianapolis, IN 46207-7136

**Overnight Delivery**  
NCAA Eligibility Center  
Certification Processing  
1802 Alonzo Watford Sr. Drive  
Indianapolis, IN 46202

# Welcome from the President



Dear College-Bound Student-Athlete:

I am so pleased you are interested in pursuing your education and sport at the college level. This Guide is designed to educate you, your family and high school administrators about the initial-eligibility process for NCAA Divisions I and II schools. If you are interested in NCAA Division III, please visit [NCAA.org/d3](http://NCAA.org/d3) or contact the athletics office at a Division III campus for its initial-eligibility standards.

I encourage you to take an active role in the process of preparing for college. Initial eligibility affects your ability to receive an athletics scholarship and to practice and compete in your first year as a full-time college student.

More than 1,000 schools in the NCAA sponsor stellar academic and athletics programs, so it is never too early to start looking for your best fit. Work closely with your high school counselors, coaches, parents/guardians and mentors as you transition to college.

At the NCAA national office, staff members want to ensure high school athletes meet standards that will best prepare them to succeed in the college classroom. In particular, the NCAA Eligibility Center strives to make your registration and certification experience positive and helpful.

The connection between sports and learning in college is a unique and valuable experience.

I wish you the best of luck as you embark on this important journey.

All the best,

Mark Emmert  
NCAA President

.....  
The NCAA membership and national office work together to help more than 460,000 student-athletes develop leadership, confidence, discipline and teamwork through college sports.  
.....

## The National Collegiate Athletic Association

The National Collegiate Athletic Association (NCAA) is a membership-driven organization dedicated to safeguarding student-athlete well-being and equipping them with the skills to succeed on the playing field, in the classroom and throughout life.

We support learning through sports by integrating athletics and higher education to enrich the college experience of student-athletes. More than 1,100 NCAA members – mostly colleges and universities, but also conferences and affiliated groups – work together to create a framework of rules for fair and safe competition. Those rules are administered by NCAA national office staff, which also organizes national championships and provides other resources to support student-athletes and the schools they attend.

Our diverse membership includes schools with student bodies that range from hundreds of students to tens of thousands. The current three-division structure creates a fair playing field for like-minded schools and provides student-athletes with a wide spectrum of opportunities to participate in 90 championship events.

College and university presidents and chancellors guide each division, supported by an extensive committee structure guided by athletics administrators, faculty and student-athlete representatives. Each division creates its own rules that follow the overarching principles of the NCAA.

### HELPFUL HINTS

- Visit [NCAA.org/playcollegesports](http://NCAA.org/playcollegesports) to learn more about opportunities available at NCAA schools.
- Know current and future academic standards for Division I (2016) and Division II (2018).
- Complete NCAA-approved courses throughout high school. Your high school counselor can help.
- Register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org) during your sophomore year if you are interested in Division I or II sports participation.
- After six semesters, send official transcripts from all high schools attended to the NCAA Eligibility Center.



### Division I

Division I schools generally have more students, larger athletics budgets and more athletics department support than schools in Division II or III.



### Division II

Schools in Division II emphasize a life balance in which academically and athletically gifted students can compete at a high level, while maintaining a traditional collegiate experience.



### Division III

Academics are the primary focus for Division III student-athletes who experience shorter sports seasons, reducing their time away from academic studies and other campus activities.

### Do schools in all three divisions offer athletics scholarships?

Schools in Divisions I and II provide more than \$2.7 billion in athletics scholarships annually to more than 150,000 student-athletes. Division III schools do not offer athletically related financial aid, but student-athletes may receive academic or need-based financial aid similar to other students on campus. For more information about scholarships, see page 31.

### Are initial-eligibility standards similar in all three divisions?

If you want to compete at a Division I or II school, you must meet academic and amateurism standards set by the NCAA membership. At Division III schools, you must meet the admission standards set by the school for all incoming students and amateurism standards set by the NCAA membership. For more information about Division III, see page 15.

|  | Division I | Division II | Division III |
|--|------------|-------------|--------------|
| Schools  | 346        | 318         | 451          |
| Teams  | 6,494      | 4,755       | 7,837        |
| Student-Athletes   | 175,738    | 112,391     | 185,000      |
| Conferences  | 32         | 24          | 43           |
| Average Undergraduate Enrollment Per School                          | 12,377     | 4,165       | 2,592        |
| Average Teams Per School   | 19         | 15          | 18           |
| Average Student-Athletes Per School                                  | 518        | 354         | 417          |
| Percentage of Students at Each School Who Participate in NCAA Sports | 4%         | 8%          | 16%          |

# Thinking of Going Pro?

There are more than 460,000 NCAA student-athletes, and fewer than two percent will go pro in their sport.

For the rest, the experiences of college athletics and the life lessons they learn along the way will help them as they pursue careers in business, education, athletics administration, communications, law, medicine and many more fields. Education is a vital part of the college athletics experience, and student-athletes treat it that way.

Overall, student-athletes graduate at higher rates than their peers in the student body, and those rates rise each year.

| Student-Athletes                    | Men's Basketball | Women's Basketball | Football  | Baseball | Men's Ice Hockey | Men's Soccer |
|-------------------------------------|------------------|--------------------|-----------|----------|------------------|--------------|
| High School Student-Athletes        | 541,054          | 433,344            | 1,093,234 | 482,629  | 35,393           | 417,419      |
| High School Senior Student-Athletes | 154,587          | 123,813            | 312,353   | 137,894  | 10,112           | 119,263      |
| NCAA Student-Athletes               | 18,320           | 16,319             | 71,291    | 33,431   | 3,976            | 23,602       |
| NCAA Freshman Roster Positions      | 5,234            | 4,663              | 20,369    | 9,552    | 1,136            | 6,743        |
| NCAA Senior Student-Athletes        | 4,071            | 3,626              | 15,842    | 7,429    | 884              | 5,245        |
| NCAA Student-Athletes Drafted       | 45               | 33                 | 256       | 731      | 4                | 72           |
| Percent High School to NCAA         | 3.4%             | 3.8%               | 6.5%      | 6.9%     | 11.2%            | 5.7%         |
| Percent NCAA to Professional        | 1.2%             | 0.9%               | 1.6%      | 8.6%     | 6.8%             | 1.4%         |
| Percent High School to Professional | 0.03%            | 0.03%              | 0.08%     | 0.53%    | 0.04%            | 0.06%        |

\*Percentages based on estimated data.

## NCAA Sports

The NCAA conducts 90 national championships in 24 sports across Divisions I, II and III, with 44 championships administered for women and 42 for men. That means almost 54,000 student-athletes participate in NCAA championships each year.

From signature events like the NCAA March Madness® men's and women's basketball tournaments to rowing, rifle, softball and skiing, the NCAA puts on championships to ensure student-athletes have a first-class experience. But the NCAA is also committed to quality events for everyone involved, from the coaches to the fans and broadcast audiences.

It is important to the NCAA that our championships have a positive impact on the communities that host them. The NCAA hosts youth clinics and various fan events to complement the competition – creating what is hoped to be a championship experience for everyone involved.

| Fall Sports       | Winter Sports              |                            | Spring Sports               |                             | Emerging Sports |
|-------------------|----------------------------|----------------------------|-----------------------------|-----------------------------|-----------------|
| Cross Country (W) | Basketball (M)             | Basketball (W)             | Baseball (M)                | Softball (W)                | Equestrian (W)  |
| Cross Country (M) | Fencing (M)                | Fencing (W)                | Golf (M)                    | Golf (W)                    | Rugby (W)       |
| Field Hockey (W)  | Gymnastics (M)             | Gymnastics (W)             | Lacrosse (M)                | Lacrosse (W)                | Triathlon (W)   |
| Football (M)      | Ice Hockey (M)             | Ice Hockey (W)             | Outdoor Track and Field (M) | Outdoor Track and Field (W) |                 |
| Soccer (W)        | Indoor Track and Field (M) | Indoor Track and Field (W) | Tennis (M)                  | Tennis (W)                  |                 |
| Soccer (M)        | Rifle (M)                  | Rifle (W)                  | Rowing (W)                  | Volleyball (M)              |                 |
| Volleyball (W)    | Skiing (M)                 | Skiing (W)                 | Water Polo (W)              | Sand Volleyball (W)         |                 |
| Water Polo (M)    | Swimming and Diving (M)    | Swimming and Diving (W)    |                             |                             |                 |
|                   | Bowling (W)                | Wrestling (M)              |                             |                             |                 |

# Initial Eligibility

The initial-eligibility standards help to prepare you to succeed in the college classroom based on your high school academic record. The eligibility process also protects the fairness and integrity of college sports by ensuring student-athletes are truly amateurs.

If you want to practice, compete and receive an athletics scholarship during your first year at a Division I or II school, you must be certified as eligible by the NCAA Eligibility Center. Throughout the process, staff members of the NCAA Eligibility Center partner with students and their families as well as high school administrators and coaches.

As a college-bound student-athlete, you are responsible for achieving and protecting your eligibility – that means planning ahead, taking high school classes seriously and protecting your amateur status. It can be a difficult first step, but the ultimate benefits of being an NCAA student-athlete are well worth the effort.

## Get Ready. Get Set. Go!

- PLAN**  **Grade 9**  
Start planning now: take the right courses and work hard to earn the best grades possible. Ask your counselor for a list of your high school's NCAA-approved core courses to make sure you take the right classes. Or, find your high school's list of NCAA-approved courses at [eligibilitycenter.org](http://eligibilitycenter.org).
- REGISTER**  **Grade 10**  
Register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org). If you fall behind on courses, do not take short cuts to catch up. Ask your counselor for help with finding approved courses or programs that you can take.
- STUDY**  **Grade 11**  
Check with your counselor to make sure you will graduate on time with the required number of NCAA-approved courses. Take the ACT or SAT and submit your scores to the NCAA using code 9999. At the end of the year, ask your counselor to send or upload your official transcript to the NCAA Eligibility Center. If you took classes at more than one high school or program, you will need to submit an official transcript for each school.  Make sure you are on track to graduate on time with your class.
- GRADUATE**  **Grade 12**  
Complete your final NCAA courses as you prepare for graduation. Take the ACT or SAT again, if necessary, and submit your scores to the NCAA using code 9999. Request your final amateurism certification beginning April 1 (for fall enrollees) or October 1 (for spring enrollees) in your NCAA Eligibility Center account at [eligibilitycenter.org](http://eligibilitycenter.org).  After you graduate, ask your counselor to send or upload your final official transcript with proof of graduation to the NCAA Eligibility Center.  Only students on an NCAA Division I or II request list will receive a certification.





# Student Registration

If you want to play NCAA sports at a Division I or II school, you need to register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org). You should plan to register during your sophomore year of high school. If you have questions about your eligibility or the registration process, call us toll free at 877/262-1492. International students should call 011-317-917-6222. The information below is intended to help walk you through the registration process.

## Online Registration

The NCAA Eligibility Center has designed [eligibilitycenter.org](http://eligibilitycenter.org) with you, the student-athlete, in mind. This is where you will find the tools and information you need to begin your college experience as a student-athlete. Allow at least 45 minutes to register completely. If you need to exit and return at a later time, you can save and exit once your account has been created. Some additional tips are listed below to help walk you through each section of the registration process.

## Account Creation

You will need to provide a valid email address to create an account and begin the registration process. Be sure you provide an email address that will be active after you graduate from high school. This email should be one that you use frequently, because you may receive notices regarding your account. If you have a sibling that has previously registered, you will need to use a different email address than the one on your sibling's account to create your new account.

## About Me

In this section, you will enter your name, address, date of birth and gender.

## My Coursework

Enter the name and location of the high school you currently attend. If you have attended more than one school (including summer school) during grades nine, 10, 11 or 12, you will need to list those schools as well. Be sure to include ALL schools, regardless of whether you received grades or credits. If you attended ninth grade at a junior high school located in the same school system in which you later attended high school, do not list the ninth-grade school. You must also include information about courses you may have taken through other programs, such as an online school or credit recovery program for a class you did not pass or took to improve a grade.

## My Sport

Select the sport(s) you plan to participate in at an NCAA Division I or II school. You will also be asked about any teams outside your high school, such as club teams you have played on, and events you have participated in during your high school career.

## Payment

Your account will be eligible for processing once the registration fee has been paid (or submission of a fee waiver if you are eligible). You may pay online by debit, credit card or e-check. The registration fee is \$75 for students in the United States, U.S. Territories and Canadian students (U.S. Territories include American Samoa, Guam, Northern Mariana Islands, Puerto Rico and U.S. Virgin Islands); and \$130 for all other international students.

All fees are nonrefundable once you have successfully registered. If you completed a duplicate registration and paid your registration fee twice, you may be eligible for a refund of the duplicate registration fee. To receive a refund, you will need to complete and submit an NCAA refund form.

## Fee Waiver

You are eligible for a waiver of the registration fee if you have received a waiver of the SAT or ACT fee. This is not the same as a U.S. state voucher. You must have an authorized high school official submit your fee waiver documentation online once you complete your registration.

## ACT

In order to be eligible for an ACT fee waiver, you must meet one of these indicators of economic need:

- Your family receives low-income public assistance;
- Your family income is at or below the Bureau of Labor Statistics Low Standard Budget;
- You are a ward of the state;
- You live in a foster home;
- You are homeless;
- You participate in free or reduced-price lunch program at school; or
- You participate in federally funded TRIO Program such as Upward Bound.

## SAT

You are eligible for consideration for an SAT fee waiver if you are a United States citizen or a foreign national taking the SAT in the United States or its territories and you meet one of the following requirements:

- You are enrolled in a program for the economically disadvantaged such as AVID or TRIO;
- Your family's annual income falls within the levels listed by the U.S. Department of Agriculture (USDA) for free or reduced-price lunches;
- Your family receives public assistance;
- Your family lives in federally subsidized public housing; or
- You live in a foster home.

If you are a home schooled student in the United States or U.S. territories who cannot afford to pay the test fees, you must provide proof of eligibility to your local high school or agency administrator. Only a school or agency administrator can provide you with the fee waiver card for the appropriate test. Students from countries other than the United States or its territories are not eligible for a fee waiver.



# Division I Academic Standards

Division I schools require you to meet academic standards for NCAA core courses, core-course grade-point average (GPA) and test scores. The standards are changing for students who enroll full time for the first time at a Division I school on or after August 1, 2016.

## If You Enroll BEFORE August 1, 2016

To be eligible to practice, compete and receive an athletics scholarship in your first full-time year at a Division I school, you must graduate high school and meet ALL the following requirements:

1. Complete 16 NCAA core courses:
  - Four years of English;
  - Three years of math (Algebra 1 or higher);
  - Two years of natural/physical science (including one year of lab science if your high school offers it);
  - Two years of social science;
  - One additional year of English, math or natural/physical science; and
  - Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy.
2. Earn at least a 2.0 GPA in your core courses.
3. Earn an SAT combined score or ACT sum score that matches your core-course GPA on the Division I sliding scale.

## If You Enroll AFTER August 1, 2016

To be eligible to practice, compete and receive athletics scholarships in your first full-time year at a Division I school, you must graduate high school and meet ALL the following requirements:

1. Complete 16 NCAA core courses:
  - Four years of English;
  - Three years of math (Algebra 1 or higher);
  - Two years of natural/physical science (including one year of lab science if your high school offers it);
  - Two years of social science;
  - One additional year of English, math or natural/physical science; and
  - Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy.
2. Complete 10 core courses, including seven in English, math or natural/physical science, before the start of your seventh semester. Once you begin your seventh semester, you may not repeat or replace any of those 10 courses for GPA improvement.
3. Earn at least a 2.3 GPA in your core courses.
4. Earn an SAT combined score or ACT sum score that matches your core-course GPA on the Division I sliding scale for students enrolling on or after August 1, 2016.

---

### What is a SLIDING SCALE?

The NCAA Eligibility Center uses a sliding scale to balance your test score and core-course GPA. If you have a low test score, you will need a higher core-course GPA to be eligible. If you have a low core-course GPA, you will need a higher test score to be eligible.

See the Division I sliding scale on page 12.

---

How to plan your high school courses to meet the 16 core-course requirement:

$$4 \times 4 = 16$$

4 English courses (one per year)  
+ 4 math courses (one per year)  
+ 4 science courses (one per year)  
+ 4 social science (and/or additional) courses (one per year)

.....  
16 NCAA core courses

## Core-Course Timeline

If you plan to attend a Division I school, you must complete 16 NCAA-approved core courses in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate high school early, you must still meet the NCAA's core-course requirements.

If you graduate high school on time and plan to attend a Division I school, you may complete one additional NCAA core-course within one year of your graduation date to meet core-course requirements or improve your GPA. You may complete the additional core course at a school other than the high school from which you graduated, but check before you take the course to make sure it appears on the school's list of NCAA-approved courses. You must also provide an official transcript from the new school with grade and credit for the additional core course.

## Academic Certification Decisions

In order for you to receive an academic certification, you must have a final transcript with proof of graduation, transcripts from all other high schools attended, test scores, no open academic tasks and be on a Division I school's request list.

Once a certification has been completed, you will receive one of the decisions in the box below if you are being recruited by a Division I school.

### QUALIFIER

You may practice, compete and receive athletics scholarships during your first year of enrollment at an NCAA Division I school.

### ACADEMIC REDSHIRT

For those enrolling at a Division I school on or after August 1, 2016. You may receive an athletics scholarship during your first year of enrollment and may practice during your first regular academic term but may NOT compete during your first year of enrollment. You must pass either eight quarter or nine semester hours in order to practice in the next term.

### NONQUALIFIER

You will not be able to practice, receive an athletics scholarship or compete during your first year of enrollment at a Division I school.

### EARLY ACADEMIC QUALIFIER

If you meet specific criteria after six semesters, you may be deemed an early academic qualifier for Division I.

Minimum SAT combined score (math and critical reading) of 900 OR minimum ACT sum score of 75; and a core-course GPA of 3.000 or higher in a minimum of 14 core courses:

1. Three years of English;
2. Two years of math;
3. Two years of science;
4. Two additional years of English, math or science; and
5. Five additional core courses in any area.

A final high school transcript is required to be submitted to the NCAA Eligibility Center after high school graduation for all early academic qualifiers.

## What If I Don't Meet the Division I Standards?

### If You Enroll BEFORE August 1, 2016

If you enroll full time at a Division I school before August 1, 2016, and you have not met all the Division I academic standards, you would be a nonqualifier and may not practice, compete or receive an athletics scholarship in your first year at college. You should contact the compliance office at your Division I school for options and any next steps.

### If You Enroll AFTER August 1, 2016

If you enroll full time at a Division I school after August 1, 2016, and you have not met all the Division I academic standards, you may not compete in your first year at college. However, if you qualify as an academic redshirt, you may practice during your first term in college and receive an athletics scholarship for the entire year. The academic redshirt qualification is only for students who enroll full time in college after August 1, 2016.

To qualify as an academic redshirt, you must graduate high school and meet ALL the following academic standards:

1. Complete 16 core courses;
2. Earn at least a 2.0 GPA in your core courses; and
3. Earn an SAT combined score or ACT sum score matching your core-course GPA on the Division I sliding scale for students enrolling on or after August 1, 2016.



# Sliding Scale for Division I before August 1, 2016

| Core GPA      | SAT     | ACT |
|---------------|---------|-----|
| 3.550 & above | 400     | 37  |
| 3.525         | 410     | 38  |
| 3.500         | 420     | 39  |
| 3.475         | 430     | 40  |
| 3.450         | 440     | 41  |
| 3.425         | 450     | 41  |
| 3.400         | 460     | 42  |
| 3.375         | 470     | 42  |
| 3.350         | 480     | 43  |
| 3.325         | 490     | 44  |
| 3.300         | 500     | 44  |
| 3.275         | 510     | 45  |
| 3.250         | 520     | 46  |
| 3.225         | 530     | 46  |
| 3.200         | 540     | 47  |
| 3.175         | 550     | 47  |
| 3.150         | 560     | 48  |
| 3.125         | 570     | 49  |
| 3.100         | 580     | 49  |
| 3.075         | 590     | 50  |
| 3.050         | 600     | 50  |
| 3.025         | 610     | 51  |
| 3.000         | 620     | 52  |
| 2.975         | 630     | 52  |
| 2.950         | 640     | 53  |
| 2.925         | 650     | 53  |
| 2.900         | 660     | 54  |
| 2.875         | 670     | 55  |
| 2.850         | 680     | 56  |
| 2.825         | 690     | 56  |
| 2.800         | 700     | 57  |
| 2.775         | 710     | 58  |
| 2.750         | 720     | 59  |
| 2.725         | 730     | 59  |
| 2.700         | 730     | 60  |
| 2.675         | 740-750 | 61  |
| 2.650         | 760     | 62  |
| 2.625         | 770     | 63  |
| 2.600         | 780     | 64  |
| 2.575         | 790     | 65  |
| 2.550         | 800     | 66  |
| 2.525         | 810     | 67  |
| 2.500         | 820     | 68  |
| 2.475         | 830     | 69  |
| 2.450         | 840-850 | 70  |
| 2.425         | 860     | 70  |
| 2.400         | 860     | 71  |
| 2.375         | 870     | 72  |
| 2.350         | 880     | 73  |
| 2.325         | 890     | 74  |
| 2.300         | 900     | 75  |
| 2.275         | 910     | 76  |
| 2.250         | 920     | 77  |
| 2.225         | 930     | 78  |
| 2.200         | 940     | 79  |
| 2.175         | 950     | 80  |
| 2.150         | 960     | 80  |
| 2.125         | 960     | 81  |
| 2.100         | 970     | 82  |
| 2.075         | 980     | 83  |
| 2.050         | 990     | 84  |
| 2.025         | 1000    | 85  |
| 2.000         | 1010    | 86  |

# Sliding Scale for Division I beginning August 1, 2016

| Core GPA      | SAT  | ACT |
|---------------|------|-----|
| 3.550 & above | 400  | 37  |
| 3.525         | 410  | 38  |
| 3.500         | 420  | 39  |
| 3.475         | 430  | 40  |
| 3.450         | 440  | 41  |
| 3.425         | 450  | 41  |
| 3.400         | 460  | 42  |
| 3.375         | 470  | 42  |
| 3.350         | 480  | 43  |
| 3.325         | 490  | 44  |
| 3.300         | 500  | 44  |
| 3.275         | 510  | 45  |
| 3.250         | 520  | 46  |
| 3.225         | 530  | 46  |
| 3.200         | 540  | 47  |
| 3.175         | 550  | 47  |
| 3.150         | 560  | 48  |
| 3.125         | 570  | 49  |
| 3.100         | 580  | 49  |
| 3.075         | 590  | 50  |
| 3.050         | 600  | 50  |
| 3.025         | 610  | 51  |
| 3.000         | 620  | 52  |
| 2.975         | 630  | 52  |
| 2.950         | 640  | 53  |
| 2.925         | 650  | 53  |
| 2.900         | 660  | 54  |
| 2.875         | 670  | 55  |
| 2.850         | 680  | 56  |
| 2.825         | 690  | 56  |
| 2.800         | 700  | 57  |
| 2.775         | 710  | 58  |
| 2.750         | 720  | 59  |
| 2.725         | 730  | 60  |
| 2.700         | 740  | 61  |
| 2.675         | 750  | 61  |
| 2.650         | 760  | 62  |
| 2.625         | 770  | 63  |
| 2.600         | 780  | 64  |
| 2.575         | 790  | 65  |
| 2.550         | 800  | 66  |
| 2.525         | 810  | 67  |
| 2.500         | 820  | 68  |
| 2.475         | 830  | 69  |
| 2.450         | 840  | 70  |
| 2.425         | 850  | 70  |
| 2.400         | 860  | 71  |
| 2.375         | 870  | 72  |
| 2.350         | 880  | 73  |
| 2.325         | 890  | 74  |
| 2.300         | 900  | 75  |
| 2.299         | 910  | 76  |
| 2.275         | 910  | 76  |
| 2.250         | 920  | 77  |
| 2.225         | 930  | 78  |
| 2.200         | 940  | 79  |
| 2.175         | 950  | 80  |
| 2.150         | 960  | 81  |
| 2.125         | 970  | 82  |
| 2.100         | 980  | 83  |
| 2.075         | 990  | 84  |
| 2.050         | 1000 | 85  |
| 2.025         | 1010 | 86  |
| 2.000         | 1020 | 86  |

ACADEMIC REDSHIRT

# Division II Academic Standards

Division II schools require college-bound student-athletes to meet academic standards for NCAA core courses, core-course grade-point average (GPA) and test scores. The standards are changing for students who enroll full time for the first time at a Division II school on or after August 1, 2018.

## If You Enroll BEFORE August 1, 2018

To be eligible to practice, compete and receive an athletics scholarship in your first full-time year at a Division II school, you must graduate high school and meet ALL the following requirements:

1. Complete 16 core courses:
  - Three years of English;
  - Two years of math (Algebra 1 or higher);
  - Two years of natural or physical science (including one year of lab science if your high school offers it);
  - Two years of social science;
  - Three additional years of English, math or natural or physical science; and
  - Four additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy.
2. Earn at least a 2.0 GPA in your core courses.
3. Earn an SAT combined score of 820 or an ACT sum score of 68.

## If You Enroll AFTER August 1, 2018

To be eligible to practice, compete and receive an athletics scholarship in your first full-time year at a Division II school, you must graduate high school and meet ALL the following requirements:

1. Complete 16 core courses:
  - Three years of English;
  - Two years of math (Algebra 1 or higher);
  - Two years of natural or physical science (including one year of lab science if your high school offers it);
  - Two years of social science;
  - Three additional years of English, math or natural or physical science; and
  - Four additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy.
2. Earn at least a 2.2 GPA in your core courses.
3. Earn an SAT combined score or ACT sum score that matches your core-course GPA on the Division II competition sliding scale.



## Core-Course Timeline

If you plan to attend a Division II school, you must complete 16 NCAA core courses after starting grade nine and before your first full-time college enrollment.

## Academic Certification Decisions

In order for you to receive an academic certification, you must have a final transcript with proof of graduation, transcripts from all other high schools attended, test scores, no open academic tasks and be on a Division II school's request list.

Once a certification has been completed, you will receive one of the decisions in the box below if you are being recruited by a Division II school.

### QUALIFIER

You may practice, compete and receive an athletics scholarship during your first year of enrollment at an NCAA Division II school.

### PARTIAL QUALIFIER

You may receive an athletics scholarship during your first year of enrollment and may practice during your first year of enrollment, but may NOT compete.

### NONQUALIFIER

You will not be able to practice, receive an athletics scholarship or compete during your first year of enrollment at a Division II school.

### EARLY ACADEMIC QUALIFIER

If you meet specific criteria below after six semesters, you may be deemed an early academic qualifier for Division II.

Minimum SAT combined score (math and critical reading) of 1000 OR minimum sum score of 85 on the ACT; and a core-course GPA of 3.000 or higher in a minimum of 12 core courses in the following areas:

1. Three years of English;
2. Two years of math;
3. Two years of science; and
4. Five additional core courses in any area.

A final high school transcript is required to be submitted to the NCAA Eligibility Center after high school graduation for all early academic qualifiers.

## What If I Don't Meet the Division II Standards?

### If You Enroll BEFORE August 1, 2018

If you enroll full time at a Division II school before August 1, 2018, and you have not met all the Division II academic standards, you may not compete in your first year. However, if you meet the standards to be a partial qualifier, you may practice and receive an athletics scholarship in your first year at college. To be a partial qualifier, you must graduate high school and meet ONE of the following standards:

1. Earn a 2.0 GPA in 16 core courses; or
2. Earn an SAT combined score of 820 or an ACT sum score of 68.

### If You Enroll AFTER August 1, 2018

If you enroll full time at a Division II school after August 1, 2018, and you have not met all the Division II academic standards, you may not compete in your first year. However, if you meet the standards to be a partial qualifier, you may practice and receive an athletics scholarship in your first year at college. To be a partial qualifier, you must graduate high school and meet ALL the following standards:

1. Complete 16 core courses;
2. Earn at least a 2.0 GPA in your core courses; and
3. Earn an SAT combined score or ACT sum score matching your core-course GPA on the Division II partial qualifier sliding scale.



## Division II Competition Sliding Scale

Use for Division II beginning August 1, 2018

| Core GPA      | SAT<br>Verbal + Math ONLY | ACT        |
|---------------|---------------------------|------------|
| 3.300 & above | 400                       | 37         |
| 3.275         | 410                       | 38         |
| 3.250         | 420                       | 39         |
| 3.225         | 430                       | 40         |
| 3.200         | 440                       | 41         |
| 3.175         | 450                       | 41         |
| 3.150         | 460                       | 42         |
| 3.125         | 470                       | 42         |
| 3.100         | 480                       | 43         |
| 3.075         | 490                       | 44         |
| 3.050         | 500                       | 44         |
| 3.025         | 510                       | 45         |
| 3.000         | 520                       | 46         |
| 2.975         | 530                       | 46         |
| 2.950         | 540                       | 47         |
| 2.925         | 550                       | 47         |
| 2.900         | 560                       | 48         |
| 2.875         | 570                       | 49         |
| 2.850         | 580                       | 49         |
| 2.825         | 590                       | 50         |
| 2.800         | 600                       | 50         |
| 2.775         | 610                       | 51         |
| 2.750         | 620                       | 52         |
| 2.725         | 630                       | 52         |
| 2.700         | 640                       | 53         |
| 2.675         | 650                       | 53         |
| 2.650         | 660                       | 54         |
| 2.625         | 670                       | 55         |
| 2.600         | 680                       | 56         |
| 2.575         | 690                       | 56         |
| 2.550         | 700                       | 57         |
| 2.525         | 710                       | 58         |
| 2.500         | 720                       | 59         |
| 2.475         | 730                       | 60         |
| 2.450         | 740                       | 61         |
| 2.425         | 750                       | 61         |
| 2.400         | 760                       | 62         |
| 2.375         | 770                       | 63         |
| 2.350         | 780                       | 64         |
| 2.325         | 790                       | 65         |
| 2.300         | 800                       | 66         |
| 2.275         | 810                       | 67         |
| 2.250         | 820                       | 68         |
| 2.225         | 830                       | 69         |
| 2.200         | 840 & above               | 70 & above |

## Division II Partial Qualifier Sliding Scale

Use for Division II beginning August 1, 2018

| Core GPA      | SAT<br>Verbal + Math ONLY | ACT        |
|---------------|---------------------------|------------|
| 3.050 & above | 400                       | 37         |
| 3.025         | 410                       | 38         |
| 3.000         | 420                       | 39         |
| 2.975         | 430                       | 40         |
| 2.950         | 440                       | 41         |
| 2.925         | 450                       | 41         |
| 2.900         | 460                       | 42         |
| 2.875         | 470                       | 42         |
| 2.850         | 480                       | 43         |
| 2.825         | 490                       | 44         |
| 2.800         | 500                       | 44         |
| 2.775         | 510                       | 45         |
| 2.750         | 520                       | 46         |
| 2.725         | 530                       | 46         |
| 2.700         | 540                       | 47         |
| 2.675         | 550                       | 47         |
| 2.650         | 560                       | 48         |
| 2.625         | 570                       | 49         |
| 2.600         | 580                       | 49         |
| 2.575         | 590                       | 50         |
| 2.550         | 600                       | 50         |
| 2.525         | 610                       | 51         |
| 2.500         | 620                       | 52         |
| 2.475         | 630                       | 52         |
| 2.450         | 640                       | 53         |
| 2.425         | 650                       | 53         |
| 2.400         | 660                       | 54         |
| 2.375         | 670                       | 55         |
| 2.350         | 680                       | 56         |
| 2.325         | 690                       | 56         |
| 2.300         | 700                       | 57         |
| 2.275         | 710                       | 58         |
| 2.250         | 720                       | 59         |
| 2.225         | 730                       | 60         |
| 2.200         | 740                       | 61         |
| 2.175         | 750                       | 61         |
| 2.150         | 760                       | 62         |
| 2.125         | 770                       | 63         |
| 2.100         | 780                       | 64         |
| 2.075         | 790                       | 65         |
| 2.050         | 800                       | 66         |
| 2.025         | 810                       | 67         |
| 2.000         | 820 & above               | 68 & above |

## Division III Academic Standards

Division III schools provide an integrated environment focusing on academic success while offering a competitive athletics environment. Division III rules minimize potential conflicts between athletics and academics and focus on regional in-season and conference play.

While Division III schools do not offer athletics scholarships, 75 percent of Division III student-athletes receive some form of merit or need-based financial aid.

If you are planning to attend a Division III school, you do not need to register with the NCAA Eligibility Center. Division III schools set their own admissions and eligibility standards. You can visit [NCAA.org/d3](http://NCAA.org/d3) or contact the Division III school you are planning to attend.



# What Is A Core Course?

NCAA schools require college-bound student-athletes to build a foundation of high school courses to prepare them for the academic expectations in college.

For a high school class to be an NCAA-approved core course, it **MUST** meet these conditions:

1. Be an academic, four-year college preparatory course in these subject areas:
  - English;
  - Math (Algebra I or higher);
  - Natural/physical science;
  - Social science;
  - Foreign language; or
  - Comparative religion or philosophy.
2. Be taught at or above your high school's regular academic level.
3. Receive credit towards high school graduation and appear on an official transcript with course title, grade, and credit awarded.

## What is Not a Core Course

Not all high school classes are NCAA-approved core courses. Some examples of courses that are **NOT** NCAA-approved core courses include:

- Courses in non-core areas, fine arts or vocations such as driver education, typing, art, music, physical education or welding.
- Courses that prepare students for the world of work or life, or for a two-year college or technical school, such as personal finance, consumer education or tech prep.
- Courses taught below grade level, at a slower pace or with less rigor or depth, such as basic, essential, fundamental or foundational courses.
- Courses which are not academic in nature such as film appreciation, video editing or greenhouse management.
- Credit-by-exam courses are not considered NCAA-approved core courses.

## Core Course Credits

You can earn credit for a core course only once. If you take a course that repeats the content of another core course,

.....  
Find your high school's list of NCAA-approved courses at [eligibilitycenter.org](http://eligibilitycenter.org). Make sure you are taking the courses on the approved list. Ask your counselor if you need help.  
.....

you earn credit for only one of these courses and the higher grade counts toward your core-course GPA.

Generally, you receive the same number of credits from the NCAA for a core course that you receive from your high school for the class. A one-year class taken over a longer period of time is considered one core course and is not awarded more than one credit.

## Credit Recovery Programs

Many high schools offer credit recovery or credit retrieval programs for students to receive credit for a course they previously failed. Some students take credit recovery to improve grades for courses that they took previously or to take courses for the first time to catch up.

For a credit recovery course to count as an NCAA core course, it must meet **ALL** of the following requirements:

1. The course must meet all the requirements of an NCAA-approved nontraditional course. This means there must be instructor-led interaction between the student and the teacher for teaching, evaluating and assistance. There must also be a defined time period for the student to complete the course.
2. The course must be comparable to the regular course in length, content and rigor. Courses taught at a lower level or lack adequate rigor will not be acceptable.
3. The school must follow its credit recovery policies, whether or not the student is an athlete.
4. The course should be clearly identified as a credit recovery course on the student's high school transcript.
5. The course must appear on the school's list of NCAA-approved courses.

## Courses Taken Before High School

If you take a high school class such as Algebra 1 or Spanish 1 in eighth grade, the class may count toward your 16 core courses if it appears on your high school's list of NCAA-approved courses and is shown on your high school transcript with grade and credit.





# Nontraditional and Online Courses

Nontraditional courses are classes taught online or through distance learning, independent study, individualized instruction or correspondence methods.

For a nontraditional course to count as an NCAA-approved core course, it must meet ALL of the following requirements:

- The course must prepare students for academic work at a four-year college.
- The course must be comparable in length, content and rigor to courses taught in a traditional classroom setting.
- A student in the course must have regular instructor-led interaction for the purpose of instruction, evaluation and assistance for the duration of the course. This may include, for example, exchanging emails between the student and teacher, online chats, phone calls, feedback on assignments and the opportunity for the teacher to engage the student in individual instruction.
- The course must have a defined time period for completion. For example, it should be clear whether the course is meant to be taken for an entire semester or a more condensed time period.
- The course should be clearly identified as nontraditional on the student's official high school transcript.
- The course must appear on the school's list of NCAA-approved courses.

A nontraditional course could fail to meet NCAA core-course requirements for any of the following reasons:

- Does not have teacher-based instruction.
- Does not require regular and ongoing instructor-led interaction between the student and teacher.
- Does not have certified or qualified teachers.
- Does not require students to complete the entire course.
- Allows students to complete a course in a short period of time.
- Allows students to take numerous courses at the same time, especially courses in the same subject area or that are sequential.
- Does not prepare students for four-year college classwork.
- Does not verify a student's identity.
- Does not have formal assessments or has only limited assessments.
- Does not have official student grade records.

To find out if a nontraditional program or course is approved, you can go to [eligibilitycenter.org](http://eligibilitycenter.org) and search the school or program's list of NCAA-approved courses. You will find information about any nontraditional programs or courses in the "Additional Information" box as seen below.

## Additional Information

Coursework from this school/program meets NCAA nontraditional core-course legislation.

Remember: Log in to your NCAA Eligibility Center account frequently to update your information with all the academic programs you have taken, including computer-based instruction, alternative school, evening school, adult school, online courses, distance learning, independent study, individualized instruction and correspondence courses.



# Grade-Point Average

The NCAA Eligibility Center calculates your core-course grade-point average (GPA) based on the grades you earn in NCAA-approved core courses. Only your best grades from the required number of NCAA core courses will be used. Grades from additional core courses will be used only if they improve your grade-point average.

Your GPA is calculated on a 4.000 scale. Numeric grades such as 92 or 87 are changed to letter grades such as A or B. The NCAA Eligibility Center does not use plus or minus grades when calculating your GPA. Weighted honors or advanced placement courses may improve your core-course GPA but your high school must notify the NCAA Eligibility Center that it weights grades in these classes.

In Pass/Fail grading situations, the NCAA Eligibility Center will assign your high school's lowest passing grade for a course in which you received a Pass grade. For most high schools, the lowest passing grade is a D, so the NCAA Eligibility Center generally assigns a D as a passing grade.

## Calculating Your Quality Points

In order to determine your quality points earned for each course, multiply the quality points for the grade by the amount of credit earned.

### Examples:

- An A grade (4 points) for a trimester course (0.34 units):  
 $4 \text{ points} \times 0.34 \text{ units} = 1.36 \text{ total quality points}$
- An A grade (4 points) for a semester course (0.50 units):  
 $4 \text{ points} \times 0.50 \text{ units} = 2.00 \text{ total quality points}$
- An A grade (4 points) for a full-year course (1.00 units):  
 $4 \text{ points} \times 1.00 \text{ units} = 4.00 \text{ quality points}$

The following worksheets will help you to determine your core-course GPA or you can access the new Academic Planning Tool online.

### QUALITY POINTS

A = 4 points      C = 2 points  
B = 3 points      D = 1 point

### UNITS OF CREDIT

1 quarter unit = 0.25 units  
1 trimester unit = 0.34 units  
1 semester unit = 0.50 units  
1 year = 1 unit



# Division I Worksheet

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's list of NCAA-approved courses for the classes you have taken.

Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.

### English (4 years required)

| 10/7                       | Course Title       | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|----------------------------|--------------------|--------|---|-------|---|---|
| ✓                          | Example: English 9 | .5     |   | A     |   | (.5 x 4) = 2                              |
|                            |                    |        |   |       |   |   |
|                            |                    |        |   |       |   |   |
|                            |                    |        |   |       |   |   |
| <b>Total English Units</b> |                    |        |   |       |   | <b>Total Quality Points</b>               |

### Mathematics (3 years required)

| 10/7                           | Course Title       | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|--------------------------------|--------------------|--------|---|-------|---|---|
|                                | Example: Algebra 1 | 1.0    |   | B     |   | (1.0 x 3) = 3                             |
|                                |                    |        |   |       |   |   |
|                                |                    |        |   |       |   |   |
|                                |                    |        |   |       |   |   |
| <b>Total Mathematics Units</b> |                    |        |   |       |   | <b>Total Quality Points</b>               |

### Natural/physical science (2 years required)

| 10/7  | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|---|--------------|--------|---|-------|---|---|
|   |              |        |   |       |   |   |
|   |              |        |   |       |   |   |
|   |              |        |   |       |   |   |
| <b>Total Natural/Physical Science Units</b> |              |        |   |       |   | <b>Total Quality Points</b>               |

### Additional year in English, mathematics or natural/physical science (1 year required)

| 10/7                          | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|-------------------------------|--------------|--------|---|-------|---|---|
|                               |              |        |   |       |   |   |
| <b>Total Additional Units</b> |              |        |   |       |   | <b>Total Quality Points</b>               |

### Social science (2 years required)

| 10/7                              | Course Title | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|-----------------------------------|--------------|--------|---|-------|---|---|
|                                   |              |        |   |       |   |   |
|                                   |              |        |   |       |   |   |
| <b>Total Social Science Units</b> |              |        |   |       |   | <b>Total Quality Points</b>               |

### Additional academic courses (4 years required)

| 10/7         | Course Title  | Credit                | X | Grade          | = | Quality Points (multiply credit by grade) |
|--------------|---|-----------------------|---|----------------|---|---|
|              |   |                       |   |                |   |   |
|              |   |                       |   |                |   |   |
|              |   |                       |   |                |   |   |
| <b>Total</b> | <b>Total Additional Academic Units</b>  |                       |   |                |   | <b>Total Quality Points</b>               |
|              | Total Quality Points from each subject area / Total Credits = Core-Course GPA |                       | / |                | = |   |
|              |   | <b>Quality Points</b> | / | <b>Credits</b> | = | <b>Core-Course GPA</b>                    |

**Core-Course GPA (16 required)** Beginning August 1, 2016, 10 core courses must be completed before the seventh semester and seven of the 10 must be a combination of English, math or natural or physical science for competition purposes. Grades and credits may be earned at any time for academic redshirt purposes.

# Division II Worksheet

This worksheet is provided to assist you in monitoring your progress in meeting NCAA initial-eligibility standards. The NCAA Eligibility Center will determine your academic status after you graduate. Remember to check your high school's list of NCAA-approved courses for the classes you have taken.

Use the following scale: A = 4 quality points; B = 3 quality points; C = 2 quality points; D = 1 quality point.

## English (3 years required)

| Course Title               | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|----------------------------|--------|---|-------|---|---|
| Example: English 9         | .5     |   | A     |   | $(.5 \times 4) = 2$                       |
|                            |        |   |       |   |   |
|                            |        |   |       |   |   |
|                            |        |   |       |   |   |
| <b>Total English Units</b> |        |   |       |   | <b>Total Quality Points</b>               |

## Mathematics (2 years required)

| Course Title                   | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|--------------------------------|--------|---|-------|---|---|
| Example: Algebra 1             | 1.0    |   | B     |   | $(1.0 \times 3) = 3$                      |
|                                |        |   |       |   |   |
|                                |        |   |       |   |   |
|                                |        |   |       |   |   |
| <b>Total Mathematics Units</b> |        |   |       |   | <b>Total Quality Points</b>               |

## Natural/physical science (2 years required)

| Course Title                                | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|---|--------|---|-------|---|---|
|   |        |   |       |   |   |
|   |        |   |       |   |   |
| <b>Total Natural/Physical Science Units</b> |        |   |       |   | <b>Total Quality Points</b>               |

## Additional years in English, math or natural/physical science (3 years required)

| Course Title                  | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|-------------------------------|--------|---|-------|---|---|
|                               |        |   |       |   |   |
|                               |        |   |       |   |   |
|                               |        |   |       |   |   |
| <b>Total Additional Units</b> |        |   |       |   | <b>Total Quality Points</b>               |

## Social science (2 years required)

| Course Title                      | Credit | X | Grade | = | Quality Points (multiply credit by grade) |
|-----------------------------------|--------|---|-------|---|---|
|                                   |        |   |       |   |   |
|                                   |        |   |       |   |   |
| <b>Total Social Science Units</b> |        |   |       |   | <b>Total Quality Points</b>               |

## Additional academic courses (4 years required)

| Course Title   | Credit         | X | Grade   | = | Quality Points (multiply credit by grade) |
|--|----------------|---|---------|---|---|
|  |                |   |         |   |   |
|  |                |   |         |   |   |
|  |                |   |         |   |   |
|  |                |   |         |   |   |
| <b>Total Additional Academic Units</b>   |                |   |         |   | <b>Total Quality Points</b>               |
| Total Quality Points from each subject area /<br>Total Credits = Core-Course GPA |                | / |         | = |   |
|  | Quality Points | / | Credits | = | Core-Course GPA                           |

## Transcripts

Ask your high school counselor to send an official transcript to the NCAA Eligibility Center after completing your junior year. If you have attended more than one high school or took courses from more than one program, the NCAA Eligibility Center needs an official transcript from ALL high school(s) or program(s) attended. You will also need to ask your high school counselor to send your final transcript with proof of graduation once you have completed high school. The NCAA Eligibility Center does not accept grades from one high school or program transcribed on another high school's transcript.

High schools now have the capability to upload transcripts directly to a student's account from the High School Portal. It is free and easy. As with other electronic transcript providers, this process is much quicker than using the U.S. Postal Service or any overnight delivery method. When transcripts are uploaded directly to a student's account, the NCAA Eligibility Center has near real-time access to the transcript. Students should contact their high school counselor to ask for their transcript be sent through the direct upload process, or that it be sent electronically through one of the approved e-transcript providers listed below:

- Parchment;
- Scrip Safe;
- ConnectEDU;
- National Transcript Center/Pearson Edustructure;
- USMO ET; or
- XAP.

Please note that the NCAA Eligibility Center does not accept faxed or emailed transcripts. In order to send a transcript by U.S. mail or through an overnight or express delivery service, please use the appropriate addresses on page 4.

Note: Some approved programs that have a list of NCAA-approved courses are not credit-awarding institutions and, therefore, do not produce official transcripts. If you attend an approved non-credit awarding program, a grade report from the program should be submitted, but in order for it to be used in an academic certification, it MUST be accompanied by an official transcript from a high school that formally awards credit with the course title, grade and credit awarded represented.

## The GED

The General Educational Development (GED) test may be accepted as proof of graduation under certain conditions, but it will not satisfy requirements for core courses, GPA or ACT/SAT scores. The GED may be accepted as proof of graduation if taken after the graduation date of your class and before full-time enrollment into any college or university. You will need to submit an official copy of the GED certificate along with GED test scores through the mail to the NCAA Eligibility Center. You can contact your state education agency to request the GED Certificate and GED test scores to be sent to the NCAA Eligibility Center.

## Test Scores

Every time you register for the SAT or ACT, use the NCAA Eligibility Center code of 9999 to ensure your scores are sent directly to the NCAA Eligibility Center from the testing agency. Test scores on transcripts will NOT be used in your academic certification.

Note: If a student-athlete takes the current SAT before March 2016 and then takes the redesigned SAT at a later date, the NCAA Eligibility Center will not combine section scores from the current and redesigned SAT when determining the student-athlete's initial eligibility. The NCAA Eligibility Center will only combine section scores from the same version of the test. Because the redesigned SAT varies in design and measures different academic concepts than the current SAT, a numerical score on the current test may not be equivalent to the same numerical score on the redesigned test.

### ACT

An ACT sum score is calculated by adding your English, math, reading and science subscores.

### SAT

A combined SAT score is calculated by adding your critical reading and math subscores.

You may take the SAT or ACT an unlimited number of times before you enroll full time in college. If you take either test more than once, the best subscore from different tests are used to give you the best possible score. Here is an example of a student taking the SAT in October 2014 and December 2014:

|                       | MATH | CRITICAL READING | TOTAL |
|-----------------------|------|------------------|-------|
| <b>SAT (Oct 2014)</b> | 350  | 470              | 820   |
| <b>SAT (Dec 2014)</b> | 420  | 440              | 860   |
| <b>Scores Used</b>    | 420  | 470              | 890   |

### Testing Dates

The NCAA Eligibility Center accepts national SAT and ACT exams, and state-administered ACT exams.

#### NATIONAL TESTING DATES

| SAT              | ACT                |
|------------------|--------------------|
| October 3, 2015  | September 12, 2015 |
| November 7, 2015 | October 24, 2015   |
| December 5, 2015 | December 12, 2015  |
| January 23, 2016 | February 6, 2016   |
| March 5, 2016    | April 9, 2016      |
| May 7, 2016      | June 11, 2016      |
| June 4, 2016     |                    |

If you take the SAT or ACT test after you graduate high school, the NCAA Eligibility Center may ask you to confirm that you have not yet enrolled full time in college, by completing and submitting a student matriculation letter.

### Puerto Rico

If you plan to enroll in a Division II school in Puerto Rico, you may use a minimum combined score on the Prueba de Aptitud Académica verbal and math reasoning sections of 730 to satisfy the test-score requirement.

# Education-Impacting Disabilities

For academic eligibility purposes, the NCAA defines an education-impacting disability (EID) as a current impairment that has a substantial educational impact on a student's academic performance and requires accommodation.

Some of the most common EIDs include:

- Learning disabilities or disorders;
- Attention Deficit Hyperactivity Disorder;
- Mental health disorders;
- Medical conditions;
- Deaf or hard of hearing; and
- Autism Spectrum Disorder.

If you have a documented EID, you must meet the same initial-eligibility standards as other students but may be provided certain accommodations to help meet those standards. For instance, if you have a documented EID, you may be allowed to take classes designed for students with EIDs if the classes appear on the list of NCAA-approved courses at your school.

If you plan on attending a **Division I** school and your EID documentation is approved by the NCAA Eligibility Center, you may take up to three additional core courses after graduating high school and before enrolling full time at a Division I school, as long as you graduate high school in eight consecutive semesters after starting ninth grade.

If you plan on attending a **Division II** school, you may take an unlimited number of core courses after starting ninth grade and before enrolling full time at a Division II school.

## Submitting Your EID Documentation

If you are a student with a documented EID, you only need to alert the NCAA Eligibility Center to your EID if you are planning on enrolling full time at a Division I school and would like to take additional core courses after you graduate high school. Information about EIDs submitted to the NCAA is not released to colleges unless the student-athlete makes a specific written request.

To document your EID with the NCAA Eligibility Center, you must submit the following material:

1. A complete NCAA EID cover sheet.
2. Your NCAA identification number, high school graduation year, permanent address and phone number.
3. Current, signed documentation of your diagnosis (including test data) and/or recommendations from the treating professional (e.g., medical doctor, clinical psychologist or other qualified individual).
4. Current copy of your Individualized Education Program (IEP) or Section 504 Plan. If your high school did not provide an IEP or 504 Plan, the high school must submit documentation describing the available accommodations or an explanation of why accommodations were not provided.
5. A signed Buckley Statement form allowing certain individuals to review your EID information and speak on your behalf to the NCAA. A parent or guardian who would like to discuss your EID request with the NCAA must be listed on the Buckley Statement.

The Cover Sheet and Buckley Statement can be found at [NCAA.org/playcollegesports](http://NCAA.org/playcollegesports).

## Where to Send Your EID Documents

NCAA Eligibility Center  
EID Services  
P.O. Box 7110  
Indianapolis, IN 46207-7110

Fax: 317/968-5100  
Email: [ec-processing@ncaa.org](mailto:ec-processing@ncaa.org)

If approved, you will be notified in writing and provided with additional information about available accommodations.

## SAT/ACT Exam with Accommodations

If you have a documented EID, you may also request to take an SAT or ACT exam with accommodations to satisfy test-score requirements by:

- Registering for accommodations using the directions provided by the SAT or ACT.
- Follow procedures governed by SAT or ACT. The test may not be administered by a member of your high school athletics department or any NCAA school's athletics department.
- If you take an SAT or ACT exam with accommodations, you may take the test on a date other than a national testing date, but you still must achieve the required test score.
- Your high school counselor can help you register to take an SAT or ACT exam with accommodations.

Remember: You should complete your NCAA Eligibility Center registration before submitting your EID documentation.



## Home School Students

Learning at home is not necessarily the same as being home schooled. Because of recent growth in online and virtual education, a student may be able to learn at home through an online school with online teachers, which would not be considered a parent-directed home school.

Courses that will be evaluated as home school courses are those in which a parent or tutor:

- Plans and delivers actual instructional activities such as lectures, discussions, tutorials, feedback or assistance.
- Determines the student's comprehension of the material by grading and evaluating student performance and achievement on assignments and assessments and providing appropriate re-teaching and feedback.
- Determines the overall grade the student achieved in the course.
- Places the grade on a transcript or grade report or reports the grade to a transcription agency.

### How to Register

If you are a home school student and want to play NCAA sports at a Division I or II school, you need to register with the NCAA Eligibility Center and meet the same standards as all other students.

Once you have completed your registration, you will want to go to the Resources tab at [eligibilitycenter.org](http://eligibilitycenter.org) and visit the Home School Students section for a home school checklist, transcript example, and core-course worksheet.

### Where to Send Your Home School Documents

All documents must be submitted to the following address:

NCAA Eligibility Center  
(ATTN: Home School Evaluation)  
1802 Alonzo Watford Sr. Drive  
Indianapolis, IN 46202-6222

## International Students

If you are an international college-bound student-athlete or if you have attended secondary school outside of the United States, please refer to the Guide to International Academic Standards for Athletics Eligibility, located in the International Students section on the Resources page of [eligibilitycenter.org](http://eligibilitycenter.org).

If you are an international college-bound student-athlete, you must submit the following academic documents:

- Your academic records for years nine and up, in your native language and translated to English;
- Proof of graduation, including certificates, diplomas or final leaving exams; and
- SAT or ACT scores.

Failure to include any of these items may delay review of your records. In certain situations, the NCAA Eligibility Center may ask for additional academic documentation to clarify that your academic information is complete, valid and accurate. For more information, call the NCAA Eligibility Center's international academic certification staff at 011-317-917-6222.

All documents sent to the NCAA Eligibility Center become the property of the NCAA Eligibility Center and cannot be photocopied or returned. In special circumstances, when your country's school or Ministry of Education issues only one set of official leaving exam results, transcripts or credentials after departure and will never provide additional copies, the NCAA Eligibility Center will return that set to you, only if you include a prepaid, self-stamped, pre-addressed envelope accompanying your documents.

If no pre-paid, self-stamped, pre-addressed envelope accompanying the documents is included, or if the envelope is not pre-paid or pre-stamped, does not include a return address or a legitimate address and is thus incomplete, the documents will become the property of the NCAA Eligibility Center and will not be returned or photocopied.

### MATTHEW CATERA MEN'S TRACK UNIVERSITY OF ALBANY



"Being a student-athlete puts life into a whole new perspective. The experience taught me how to be fully dedicated to multiple endeavors simultaneously, which is necessary to succeed in any aspect of life. My academic and athletic accomplishments, in addition to the relationships I've made along the way, have truly prepared me for life's challenges and has instilled values that I will never forget."

### VONNICK BOYOGUENO WOMEN'S TENNIS CLARK ATLANTA UNIVERSITY



"College sports has given me the chance to form many different relationships with people around the world. It has taught me the true meaning of competition, passion and team."

### BRADY BRAMLETT BASEBALL UNIVERSITY OF MISSISSIPPI



"College athletics has provided for me an opportunity to not only obtain an honorable degree from the University of Mississippi, but also discover my true character. Being an Ole Miss Rebel was a dream of mine since I was a little boy. Being able to attend your "dream school" is a dream within itself, and none of that would be possible without college athletics and the NCAA."

# Amateurism

When you register with the NCAA Eligibility Center, you will be asked a series of questions about your sports participation to determine your amateur status. More than 90 percent of student-athletes who register are automatically certified. In some instances, the NCAA Eligibility Center staff may need to gather additional information to evaluate your amateur status.

The following activities may impact your amateur status:

- Signing a contract with a professional team;
- Playing with professionals;
- Participating in tryouts or practices with a professional team;
- Accepting payments or preferential benefits for playing sports;
- Accepting prize money above your expenses;
- Accepting benefits from an agent or prospective agent;
- Agreeing to be represented by an agent; or
- Delaying your full-time college enrollment to play in organized sports competitions.

## Requesting Final Amateurism Certification

If you are enrolling at a Division I or II school for the fall semester, you may request an amateurism certification decision from the NCAA Eligibility Center on or after April 1, before your enrollment in college. If you are enrolling in college in the spring semester, you may request a final amateurism decision on or after October 1, before your enrollment in college.

## Delayed Enrollment

After you graduate high school, you have a certain amount of time – called a grace period – to enroll full time at an NCAA school. If you do not enroll at the first opportunity following your grace period, you will use one season of competition for each calendar year during which you continue to compete in organized competition. Please see the chart on the next page for specific time frames per sport in Divisions I and II.

In most sports, you may delay full-time college enrollment for one year after your expected high school graduation without impacting your eligibility. In Division I tennis, you must enroll full time at a college or university during the first regular academic term of college, which occurs following the six-month period after you graduate high school. In Division I men's ice hockey or skiing, you may be required to enroll full time in college before you turn 21 to avoid impacting your eligibility.

### WHO IS AN AGENT?

An individual who directly or indirectly represents you by marketing your athletics ability or reputation, or who attempts to benefit from guiding you to a particular NCAA school, or who attempts to benefit from your expected earnings as a professional athlete.

### WHAT IS A PROFESSIONAL TEAM?

A team that declares itself to be professional or provides any player MORE than the following expenses for participation:

- Meals and lodging directly tied to competition and practice directly related to the competition.
- Transportation expenses, such as to and from practice, training or competition.
- Apparel, equipment and supplies related to competition and practice directly related to the competition.
- Coaching and instruction, or the use of facilities and entry fees.
- Health or medical insurance, medical treatment and physical therapy directly associated with an individual's participation on a team or in an event.
- Other reasonable expenses such as laundry money.

### WHAT IS ORGANIZED COMPETITION?

Competition is considered organized if ANY of the following conditions exist:

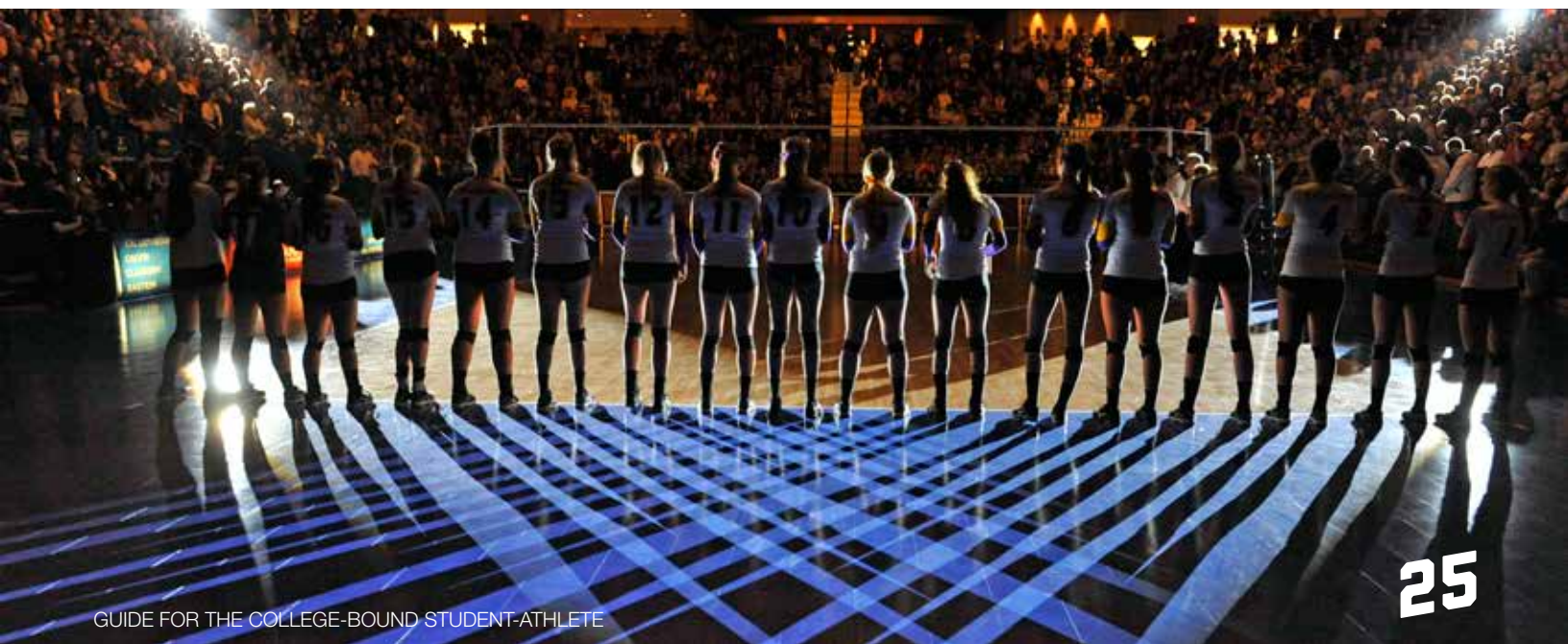
**Division I:** It is scheduled and publicized in advance.  
**Division II:** It is scheduled in advance.

- Official score is kept.
- Standings or statistics are maintained.
- Official timer or game officials are used.
- Admission is charged.
- Teams are regularly formed or team rosters are predetermined.
- Team uniforms are used.
- An individual or team is privately or commercially sponsored.
- The competition is either directly or indirectly sponsored, promoted or administered by an individual, an organization or any other agency.



## OVERVIEW OF NCAA DIVISIONS I AND II PRE-ENROLLMENT AMATEURISM BYLAWS

| Prior to initial full-time enrollment at a college or university, may a college-bound student-athlete...   | Permissible in Division I?   | Permissible in Division II?   |
|--|--|---|
| <b>try out with a professional team?</b>   | <p><b>Men's Ice Hockey and Skiing:</b> Yes. May receive actual and necessary expenses for one visit (up to 48 hours) from each professional team. Self-financed tryouts may be for more than 48 hours.</p> <p><b>All Other Sports:</b> Yes. May not be compensated above actual and necessary expenses.</p>  | Yes   |
| <b>enter into a professional draft?</b>  | Yes  | Yes   |
| <b>accept prize money?</b>   | <p><b>Tennis:</b> Yes. If it does not exceed \$10,000 per calendar year and comes from the sponsor of the event. Once the \$10,000 limit is reached, additional prize money may not exceed actual and necessary expenses and the expenses are provided by the sponsor of the event or, the team in which the individual represents.</p> <p><b>All Other Sports:</b> Yes. If it does not exceed actual and necessary expenses and comes from an amateur team or sponsor of the event.</p>   | Yes   |
| <b>receive benefits from an agent?</b>   | No   | No  |
| <b>enter into an agreement with an agent (oral or written)?</b>  | No   | No  |
| <b>delay full-time collegiate enrollment and participate in organized competition?</b><br><br>[If you are charged with season(s) of competition under this rule, you will also have to serve an academic year in residence at the NCAA college or university.] | <p><b>Tennis:</b> Must enroll full time at a Division I school during the first regular academic term that occurs following the six-month period after high school graduation.</p> <p><b>Men's Ice Hockey and Skiing:</b> Any activity in organized competition within one year after your 21st birthday and before initial full-time enrollment in a Division I school will count as one year of varsity competition (no academic year-in-residence requirement).</p> <p><b>All Other Sports:</b> Must enroll full time at a college or university during the first regular academic term that occurs following the one-year period after high school graduation or will lose one season of intercollegiate competition for each calendar year during which you continue to participate in organized competition.</p> | <p><b>All Sports:</b> Must enroll full time at a college or university during the first regular academic term, which occurs following the one-year period after high school graduation or will lose one season of intercollegiate competition for each calendar year during which you continue to participate in organized competition.</p> |



# Important Terms

**Celebratory Standardized Signing Form:** (A form used by Division III institutions.) The Celebratory Standardized Signing Form is a standard NCAA provided, nonbinding athletics celebratory signing form after a college-bound student-athlete has been accepted for enrollment at a Division III school.

**Contact:** A contact happens any time a college coach says more than hello during a face-to-face meeting with you or your parents off the college's campus.

**Contact period:** During a contact period, a college coach may have face-to-face contact with you or your parents, watch you compete or visit your high school and write or telephone you or your parents.

**Dead period:** A college coach may not have any face-to-face contact with you or your parents on or off the college campus at any time during a dead period. The coach may write and call you or your parents during this time.

**Evaluation:** An evaluation happens when a college coach observes you practicing or competing.

**Evaluation period:** During an evaluation period, a college coach may watch you compete, visit your high school and write or telephone you or your parents. However, a college coach may not have face-to-face contact with you or your parents off the college's campus during an evaluation period.

**Financial aid:** (scholarship) Any money you receive from a college or another source, such as outside loans or grants. Financial aid may be based on athletics ability, financial need or academic achievement.

**Five-year clock:** If you play at a Division I school, you have five-calendar years in which to play four seasons of competition. Your five-year clock starts when you enroll as a full-time student at any college. Thereafter, your clock continues, even if you spend an academic year in residence as a result of transferring, decide to redshirt, if you do not attend school or even if you go part time during your college career.

**Full-time student:** Each school determines what full-time status means. Typically, you are a full-time student if you are enrolled for at least 12 credit hours in a term, but some schools define a full-time student as someone who takes fewer than 12 credit hours in a term.

**International student:** An international student is any student who is enrolled in a secondary school outside the United States.

**Institutional Request List:** An Institutional Request List (IRL) is a list of college-bound student-athletes who an NCAA Division I and/or II school is interested in recruiting. The action of activating a college-bound student-athlete to the IRL informs the NCAA Eligibility Center of the school's interest in having an academic certification decision for the student-athlete.

**Official commitment:** When you officially commit to attend a Division I or II college, you sign a National Letter of Intent, agree to attend that school for one academic year.

**Official visit:** During an official visit, the college can pay for transportation to and from the college for you, lodging and meals (Division I allows for up to three meals per day) for you and your parents or guardians, as well as reasonable entertainment expenses including three tickets to a home sports event. Before a college may invite you on an official visit, you will have to provide the college with a copy of your high school transcript and ACT, SAT or PLAN score (test scores are required for Division I only) and register with the NCAA Eligibility Center.

**Quiet period:** During this time, a college coach may not have any in-person contact with you or your parents off the college's campus. The coach may not watch you play or visit your high school during this period. You and your parents may visit a college campus during this time. A coach may write or call you or your parents during this time.

**Recruited:** If a college coach calls you more than once, contacts you off campus, pays your expenses to visit the campus, or in Divisions I and II, issues you a National Letter of Intent or a written offer of financial aid, you are considered to be recruited.

**Recruiting calendar:** NCAA member schools limit recruiting to certain periods during the year. Recruiting calendars promote the well-being of college-bound student-athletes and ensure fairness among schools by defining certain periods during the year in which recruiting may or may not occur in a particular sport.

**Season of competition:** Generally, NCAA rules say that any competition in a season — regardless of the amount of time — counts as having played a season in that sport. If you play any time during a season, regardless of how long you played, it counts as having played for an entire season in that sport. Your season of competition starts when you spend one second in competition on the field, court, gym or track.

**Ten-semester/15-quarter clock:** If you play at a Division II or III school, you have the first 10 semesters or 15 quarters in which you are enrolled as a full-time student to complete your four seasons of participation. You use a semester or quarter any time you attend class as a full-time student or are enrolled part time and compete for the school. You do not use a term if you only attend part time with no competition or are not enrolled for a term.

**Two-year college:** An school where students can earn an Associate of Arts (AA) degree, an Associate of Science (AS) degree or an Associate of Applied Science degree within two years. Some people call these schools community colleges or junior colleges.

**Unofficial visit:** Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a home athletics contest. You may make as many unofficial visits as you like and may take those visits at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.

**Verbal commitment:** A verbal commitment happens when you verbally agree to play sports for a college before you sign or are eligible to sign a National Letter of Intent. The commitment is not binding on you or the school and can be made at any time.

**Walk-on:** Someone who is not typically recruited by a school to participate in sports and does not receive a scholarship from the school, but who becomes a member of one of the school's athletics teams.

# Recruiting Calendars

## SOPHOMORE YEAR - DIVISION I

| Recruiting Method           | Men's Basketball  | Women's Basketball   | Football   | Other Sports  |
|-----------------------------|---|--|--|---|
| <b>Recruiting materials</b> | <ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> <li>You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul> | <ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> </ul> | <ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> </ul> | <ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications.</li> <li><b>Men's Ice Hockey</b>—You may begin receiving recruiting materials January 1 of your sophomore year.</li> </ul>  |
| <b>Telephone calls</b>      | <ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach can make unlimited calls beginning June 15 after your sophomore year.</li> </ul>  | <ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>                  | <ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>                  | <ul style="list-style-type: none"> <li>You may make calls to the coach at your expense only.</li> <li>College coach cannot call you.</li> <li><b>Women's Ice Hockey</b>—A college coach may call international college-bound student-athletes once on or after July 7 through July 31 after sophomore year.</li> <li><b>Men's Ice Hockey</b>—May not be made before January 1 of sophomore year.</li> </ul> |
| <b>Off-campus contact</b>   | None allowed.   | None allowed.  | None allowed.  | <ul style="list-style-type: none"> <li>None allowed.</li> <li><b>Men's Ice Hockey</b>—May not be made before June 15 after sophomore year.</li> </ul>   |
| <b>Official visit</b>       | None allowed.   | None allowed.  | None allowed.  | None allowed.   |
| <b>Unofficial visit</b>     | You may make an unlimited number of unofficial visits, except during a dead period.   | You may make an unlimited number of unofficial visits, except during a dead period.  | You may make an unlimited number of unofficial visits, except during a dead period.  | You may make an unlimited number of unofficial visits, except during a dead period.   |



## JUNIOR YEAR - DIVISION I

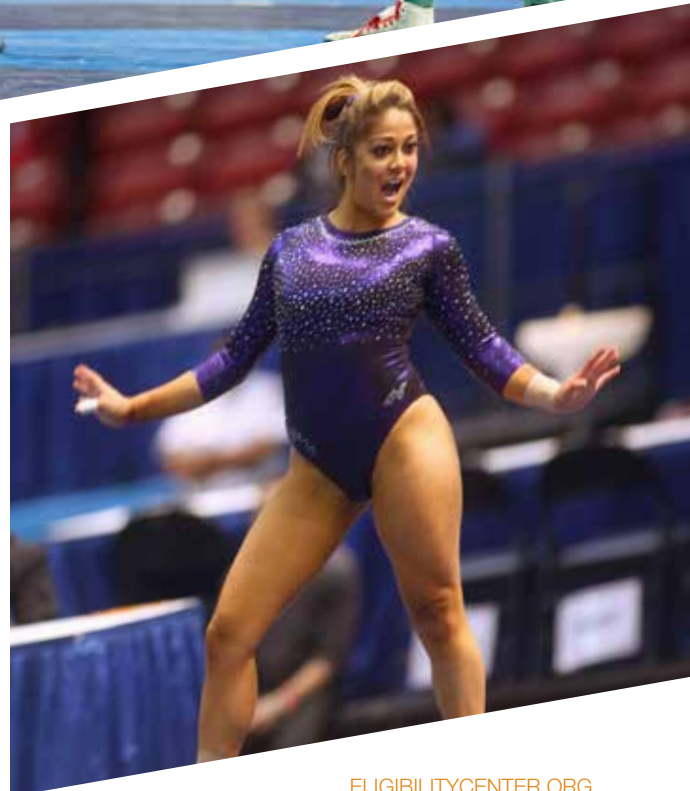
| Recruiting Method   | Men's Basketball  | Women's Basketball  | Football   | Other Sports   |
|---|---|---|--|--|
| <b>Electronic correspondence</b> (e.g., text messaging, instant messenger, email) | <ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence June 15 after your sophomore year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>   | <ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence September 1 of your junior year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul> | <ul style="list-style-type: none"> <li>Email and fax permissible September 1 of your junior year. All other forms of electronic correspondence is impermissible.</li> <li>All forms of electronic correspondence are permissible after you provide a written commitment to the NCAA school.</li> </ul> | <ul style="list-style-type: none"> <li>All forms of electronic correspondence permissible September 1 of your junior year.</li> <li>Correspondence must be private until you provide a written commitment to the NCAA school.</li> <li><b>Swimming &amp; Diving, Cross Country, Track &amp; Field</b>— Only electronic mail and faxes are permissible until you provide a written commitment to the NCAA school.</li> </ul>                |
| <b>Recruiting materials</b>   | <ul style="list-style-type: none"> <li>Allowed.</li> <li>You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>   | You may begin receiving September 1 of your junior year.  | You may begin receiving September 1 of your junior year.   | <ul style="list-style-type: none"> <li>You may begin receiving September 1 of your junior year.</li> <li><b>Men's Ice Hockey</b>— You may begin receiving recruiting materials January 1 after your sophomore year.</li> </ul>   |
| <b>Telephone calls</b>  | You may make calls to the coach at your expense.  | You may make calls to the coach at your expense.  | You may make calls to the coach at your expense.   | You may make calls to the coach at your expense.   |
| <b>College coaches may call you</b>   | Unlimited.  | Unlimited beginning September 1 of your junior year.  | One call from April 15 to May 31 of your junior year. Additional calls may not be made before September 1 of your senior year.   | <ul style="list-style-type: none"> <li>May not be made before September 1 at the beginning of your junior year.</li> <li><b>Swimming &amp; Diving, Cross Country, Track &amp; Field</b>— May not be made before July 1 following completion of junior year, or the opening day of classes of your senior year, whichever is earlier.</li> <li><b>Women's Ice Hockey</b>— Once per week beginning July 7 after your junior year.</li> </ul> |
| <b>Off-campus contact</b>   | <ul style="list-style-type: none"> <li>Allowed beginning opening day of classes. Contacts may only occur at your school. Contacts in April may occur at your school or residence.</li> <li>No contact on the day of a competition.</li> <li>Contacts may not occur during the time of day when classes are in session.</li> </ul> | <ul style="list-style-type: none"> <li>Allowed September 1 at the beginning of your junior year.</li> <li>No contact on the day of a competition.</li> </ul>  | None allowed.  | <ul style="list-style-type: none"> <li>Allowed starting July 1 after your junior year.</li> <li><b>Women's Gymnastics</b>— Allowed beginning July 15 after your junior year.</li> <li><b>Women's Ice Hockey</b>— Allowed beginning July 7 after your junior year.</li> </ul>   |
| <b>Official visit</b>   | <ul style="list-style-type: none"> <li>Allowed January 1 of your junior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>  | <ul style="list-style-type: none"> <li>Allowed April of your junior year beginning Thursday following the Women's Final Four.</li> </ul>  | None allowed.  | None allowed.  |
| <b>Unofficial visit</b>   | You may make an unlimited number of unofficial visits, except during a dead period.   | You may make an unlimited number of unofficial visits, except during a dead period.   | You may make an unlimited number of unofficial visits, except during a dead period.  | You may make an unlimited number of unofficial visits, except during a dead period.  |

## SENIOR YEAR - DIVISION I

| Recruiting Method   | Men's Basketball  | Women's Basketball  | Football   | Other Sports  |
|---|---|---|--|---|
| <b>Electronic correspondence</b> (e.g., text messaging, instant messenger, email) | <ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence June 15 after your sophomore year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>   | <ul style="list-style-type: none"> <li>You may begin receiving electronic correspondence September 1 of your junior year.</li> <li>Correspondence must be private between you and the coach until you provide a written commitment to the NCAA school.</li> </ul>   | <ul style="list-style-type: none"> <li>Email and fax permissible September 1 of your junior year. All other forms of electronic correspondence are impermissible.</li> <li>All forms of electronic correspondence are permissible after you provide a written commitment to the NCAA school.</li> </ul>  | <ul style="list-style-type: none"> <li>All forms of electronic correspondence permissible September 1 of your junior year.</li> <li>Correspondence must be private until you provide a written commitment to the NCAA school.</li> <li><b>Swimming &amp; Diving, Cross Country, Track &amp; Field</b>— Only electronic mail and faxes are permissible until you provide a written commitment to the NCAA school.</li> </ul> |
| <b>Recruiting materials</b>   | Allowed.  | Allowed.  | Allowed.   | Allowed.  |
| <b>Telephone calls</b>  | You may make calls to the coach at your expense.  | You may make calls to the coach at your expense.  | You may make calls to the coach at your expense.   | You may make calls to the coach at your expense.  |
| <b>College coaches may call you</b>   | Unlimited.  | Unlimited.  | <ul style="list-style-type: none"> <li>Once per week beginning September 1 outside contact period.</li> <li>Unlimited calls after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> <li>Unlimited during contact period.</li> </ul>   | <ul style="list-style-type: none"> <li><b>Women's Ice Hockey</b>— Once per week beginning July 7 after your junior year.</li> <li>Unlimited calls after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul>  |
| <b>Off-campus contact</b>   | Allowed.  | Allowed.  | Allowed beginning July 1 prior to your senior year.  | Allowed.  |
| <b>Official visit</b>   | You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.  | You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.  | <ul style="list-style-type: none"> <li>Allowed beginning opening day of classes your senior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>   | <ul style="list-style-type: none"> <li>Allowed beginning opening day of classes your senior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul>  |
| <b>Unofficial visit</b>   | You may make an unlimited number of unofficial visits, except during a dead period.   | You may make an unlimited number of unofficial visits, except during a dead period.   | You may make an unlimited number of unofficial visits, except during a dead period.  | You may make an unlimited number of unofficial visits, except during a dead period.   |
| <b>How often can a coach see me or talk to me off the college's campus?</b>       | <ul style="list-style-type: none"> <li>A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) seven times.</li> <li>Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul> | <ul style="list-style-type: none"> <li>A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) seven times.</li> <li>Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul> | <ul style="list-style-type: none"> <li>A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus) six times.</li> <li>One evaluation during September, October and November.</li> <li>Two evaluations— April 15 through May 31 (once to evaluate athletics ability and once to evaluate academic qualifications).</li> <li>Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul> | <ul style="list-style-type: none"> <li>A college coach may contact you or your parents/legal guardians not more than three times.</li> <li>Unlimited number of contacts and evaluation after you sign an NLI, written offer of admission and/or financial aid; OR after the college receives a financial deposit from you.</li> </ul>   |

## DIVISIONS II AND III

| Recruiting Method           | Division II  | Division III   |
|-----------------------------|--|--|
| <b>Recruiting materials</b> | <ul style="list-style-type: none"> <li>You may receive brochures for camps, questionnaires, NCAA materials, and nonathletics recruiting publications at any time.</li> <li>A coach may begin sending you printed recruiting materials June 15 before your junior year in high school.</li> </ul>                     | You may receive printed materials any time.  |
| <b>Telephone calls</b>      | <ul style="list-style-type: none"> <li>No limit on number of calls by college coach beginning June 15 before your junior year.</li> <li>You may make calls to the coach at your expense.</li> </ul>  | <ul style="list-style-type: none"> <li>No limit on number of calls or when they can be made by the college coach.</li> <li>You may make calls to the coach at your expense.</li> </ul>   |
| <b>Off-campus contact</b>   | <ul style="list-style-type: none"> <li>A college coach can have contact with you or your parents/legal guardians off the college's campus beginning June 15 before your junior year.</li> <li>No limit on number of contacts off campus.</li> </ul>  | <ul style="list-style-type: none"> <li>A college coach may begin to have contact with you or your relatives or guardians off the college's campus after your sophomore year.</li> <li>No limit on number of off-campus contacts.</li> </ul>  |
| <b>Unofficial visit</b>     | You may make an unlimited number of unofficial visits any time, except during a dead period.   | You may make an unlimited number of unofficial visits any time.  |
| <b>Official visit</b>       | <ul style="list-style-type: none"> <li>You may make official visits starting June 15 before your junior year.</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.</li> </ul> | <ul style="list-style-type: none"> <li>You may make official visits starting January 1 of your junior year. (Effective August 1, 2015)</li> <li>You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division III colleges.</li> </ul> |



# Scholarships

NCAA Divisions I and II schools provide more than \$2.7 billion in athletics scholarships annually to more than 150,000 student-athletes. Division III schools do not offer athletics scholarships.

Only about two percent of high school athletes are awarded athletics scholarships to compete in college. Of the student-athletes participating in sports with professional leagues, very few become professional athletes. A college education is the most rewarding benefit of your student-athlete experience.

Division I schools may provide tuition and fees, room and board, books, and other expenses related to attendance at the school. Division II full scholarships cover tuition and fees, room, board and course-related books and supplies. Most student-athletes who receive athletics scholarships receive an amount covering a portion of these costs. Many student-athletes also benefit from academic scholarships, NCAA financial aid programs such as the NCAA Division I Student-Athlete Opportunity Fund and need-based aid such as Federal Pell Grants. You must report all financial aid you receive to your NCAA school's financial aid office. If you have questions about what financial aid can be accepted, you should contact your NCAA school's financial aid office and athletics department for help.

Division I schools may provide you with multi-year scholarships. Additionally, Division I schools may pay for you to finish your bachelor's or master's degrees after you finish playing NCAA sports.

If a school plans to reduce or not renew your aid, the school must notify you in writing by July 1 and provide an opportunity for you to appeal. In most cases, the head coach decides who receives a scholarship, the scholarship amount and whether it will be renewed.

Contact the NCAA school you hope to attend for more detailed information about NCAA financial aid rules.

## National Letter of Intent

A National Letter of Intent (NLI) is signed by you agreeing to attend a Division I or II college for one academic year. Participating colleges agree to provide financial aid for a minimum of one academic year to you as long as you are admitted to the school and are eligible for financial aid under NCAA rules.

The NLI is voluntary and not required for you to receive financial aid or participate in sports. Signing an NLI ends the recruiting process because participating schools are prohibited from recruiting student-athletes who have already signed letters with other participating schools.

If you sign an NLI but decide to attend another college, you may request a release from your contract with the school. If you sign an NLI with one school but attend a different school, you lose one full year of eligibility and must complete a full academic year at the new school before being eligible to compete. If you have questions about the NLI, visit the website at [national-letter.org](http://national-letter.org).

**GRACE DONOVAN**  
WOMEN'S LACROSSE  
FLORIDA SOUTHERN COLLEGE



"Playing a collegiate sport has given me the opportunity to discover who I am and what I am made of. It is a huge confidence builder as well as a character builder. Many of my opportunities I have now would not have been possible had I not played at the collegiate level."

**DERON WASHINGTON**  
FOOTBALL  
PITTSBURG STATE UNIVERSITY



"College sports has taught me to be a leader on and off the field. It has helped me in developing team characteristics, interacting with people I did not grow up with, which will be used in the workforce."

**UMARAH MUGHNEE**  
WOMEN'S TENNIS  
HOWARD UNIVERSITY



"In a game where you have to be resilient, I learned that my team may have its ups and downs, but they will always be my biggest advocates. I believe that the 'team' aspect of collegiate sports is the most vital; applying that to the professional world, the ability to be a great team player can translate into any career a student-athlete chooses."



THE NCAA SALUTES MORE THAN  
**460,000** STUDENT-ATHLETES  
PARTICIPATING IN **24** SPORTS  
AT NEARLY **1,100**  
COLLEGES/UNIVERSITIES